

Vertical Development Circle

a collaborative space for personal and professional transformation

"The only way that we can live, is if we grow. The only way that we can grow is if we change. The only way that we can change is if we learn. The only way we can learn is if we are exposed. And the only way that we can become exposed is if we throw ourselves out into the open. Do it. Throw yourself." — C. JoyBell C

Transforming ourselves to serve others

As we develop our experience as practitioners, we begin to recognise how important it is that we are as clean as we can be when we work with our clients. We start to pay attention to our projections, our shadows and how we keep getting in the way of ourselves.

The vertical development circle

We have created an innovative way for you to gain valuable support working with practitioner-peers and coach-facilitators. The *vertical development circle* offers you a collaborative space to work on your personal and professional transformations. You will work alongside 12 coaching and consulting peers who have a passionate interest in becoming the highest version of their selves that they can be.

The circle will meet five times over a 10 month period providing an opportunity to confidentially and collaboratively explore what blocks your personal and professional flourishing. Facilitated sessions will encourage you to become more aware of your own patterns of behaviour and how they may be inhibiting your own and your client's development.

One of the core frames we work with is the STAGES map of vertical development. All participants will complete a STAGES profile and be debriefed to support them in joining the programme and to help them make sense of their current developmental trajectory.

5 hours of 1:1 personal development time are included to support sense-making, the integration of developmental feedback and application of learning into your personal context. You will work in co-coaching pairs between sessions to support personal learnings and group cohesion.

A private online forum will provide a space for inter-session questions and answers and the development of group connections.

A network of like-minded development practitioners

One of the key elements of the *vertical development circle* is the connection with people who are facing similar life and work challenges.

On application, you will have a free developmental interview to explore your intentions, learn more about the programme structure and content and to ensure you are aware of the opportunities, challenges and commitments required to engage in this kind of work.

The 10 month vertical development circle:

- 5 development sessions (lunchtime to lunchtime)
- personal development interview
- 5 hrs of personal development time
- co-coaching pairs between circles
- private online collaboration space
- STAGES development profile and debrief

Each circle comprises:

- 12 participants
- 2 coach-facilitators per circle session
- a dedicated development coach

Surrey - Hampshire dates:

25-26 Sep 18, 3-4 Dec 18, 13-14 Feb 19
17-18 Apr 19, 1-2 Jul 19

Oxford dates:

8-9 Oct 18, 10-11 Dec 18, 11-12 Feb 19
15-16 Apr 19, 24-25 Jun 2019

Fees:

£2,700 - organisational practitioner fees

£2,000 - self-funding practitioner fees

Meals and accommodation are not included.

Jason Harrison is a systemic coach, organisation consultant and supervisor who has worked at a strategic level with private, public, and third sector organisations. Jason has an MSc in Organisation Consulting, postgraduate qualifications in Systemic Coaching and Gestalt, and is a STAGES debriefer and vertical development practitioner.

Sarah Willis is an executive coach, organisation consultant and supervisor with career experience in the public and voluntary sectors and as a CEO. Sarah has post-graduate qualifications in Executive Coaching, is a CTA in Transactional Analysis Counselling and Coaching, an NLP practitioner, and a STAGES vertical development practitioner.

Simon Cavicchia is an executive coach, coach supervisor, organisational consultant and psychotherapist. He jointly led the Metanoia MA/MSc in Coaching Psychology, has Masters degrees in Organisation Consulting and in Gestalt Psychotherapy and is a qualified STAGES debriefer.